

DURHAM BIG RIDES

THE BEAST

What to expect on the day **– 5th September 2010**

First and foremost we hope you have a really enjoyable day – We do feel that this route is one of the most challenging 50m routes in the route which also goes through some of the most scenic countryside in the County.

Prior to the event you will have received through the post your joining instructions; your ride number; a map of the course; and parking instructions. Please ensure your ride number is fixed to either your bike frame or yourself. Please note your number is NOT transferable.

PARKING – is free on the day at the Sniperley Park and Ride Site, which will be open from 7.30am. There are toilet facilities in the office block.

START – The ride will leave from the Park and Ride site at 9am with a rolling road closure until the peloton group reaches the junction of the A691 and the unclassified road leading to Burnhope some 4 miles west of the start, whereafter you will continue relatively unassisted as per your maps.

We suggest you arrive at least 30 minutes before the start.

RIDE DETAILS – for more details of the Beast, including a map of the route, please look at tabs for ‘Routes’ on the Durham Big Ride web home page.

RIDER SUPPORT – there will be a pit stop located in the bus turning circle at the rear of the Dans Castle pub at Tow Law, just after the junction of the A68 and the B6301. There will be water, a St John ambulance post and some breakdown necessities should you need any.

EMERGENCIES – there will be contact phone details provided with the joining instructions. In addition there will be marshals throughout all the courses with radios and mobile phones. If there are no marshals or St John ambulance in the vicinity at the time of the emergency then you should call 999 in the normal fashion.

ON THE DAY REGISTRATION – there will be NO facility to register on the day .

ADVICE – THIS IS NOT A RACE – IT'S A RIDE – there will be no timing on the course and no prizes for finishing first!

REWARD – On finishing you will get your 'I tamed the Beast 2010' T shirt. In addition we will be giving out free water, and fruit at the finish to perk you up!

We hope you enjoy your day and should you require any further information then please do not hesitate to contact us via email to info@durhambigride.co.uk or by telephone to 0191 3833042 and we will do our very best to help.

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SUNDAY 5th SEPTEMBER 2010